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San Jose Residents Have Longest Life Spans In U.S.

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SAN JOSE (CBS 5) — San Jose has topped a list of U.S. cities where residents enjoy the longest life spans.

A study by The Daily Beast and the Centers for Disease Control looked at decades worth lifespan data to find out in which cities people lived the longest.

Watch the video report.

In San Jose, the average life expectancy was 79.2 years for men, 82.9 years for women.

Following San Jose on the list, San Francisco came in 6th. Men there live an average of 75.9 years, while women live 82.52 years. Oakland also made the list, coming in 15th. There, men live 76.4 years on average, women 81.2 years.

Even tourists like Mack Gillen of Ireland could be found basking in San Jose's youthful glow. "I'm not surprised people live longer because it's laid back, it's relaxed," he said.

It seems as if the farther west you go, the better the longevity. Only two cities in the northeast made the cut.

The west coast had the majority of the spots on the list of 20 cities, with California having the most out of all the states.

The study d

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